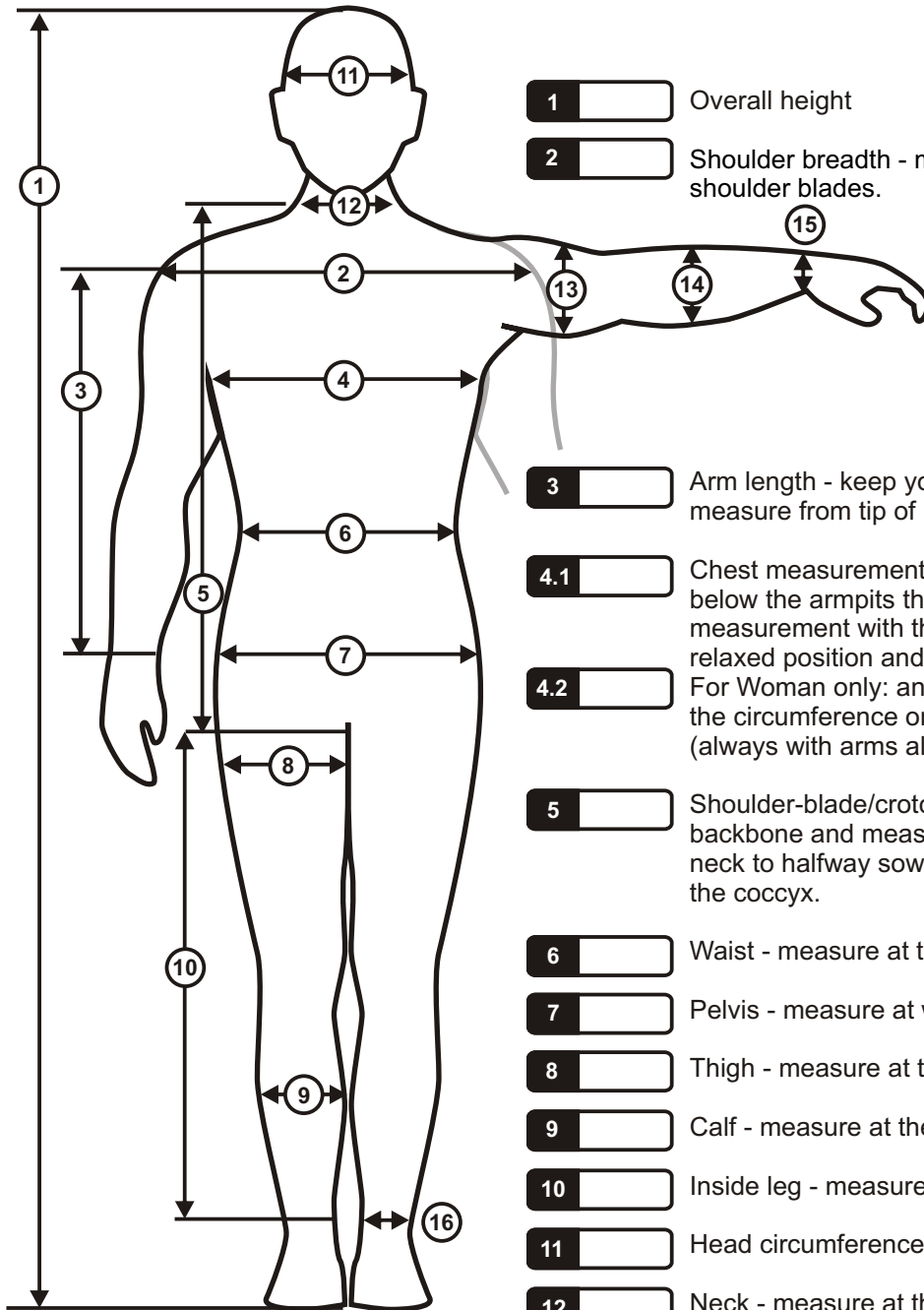


MADE TO MEASURE FORM



- 1** Overall height
- 2** Shoulder breadth - measure across shoulders between tips of shoulder blades.

3 Arm length - keep your arm in normal position by your side and measure from tip of humerus to wrist bone.

4.1 Chest measurement - Raise your arms, Place the tape just below the armpits then lower your arms. Take the chest measurement with the tape fitting close under the armpits, in a relaxed position and breathing normally. (nipple level for woman)

4.2 For Woman only: another Chest circumference 2: (measuring the circumference on the upper part of chest, under the armpit, (always with arms along the body) above the breast.

5 Shoulder-blade/crotch length - place the tape measure on the backbone and measure from the first vertebra at the base of the neck to halfway down the curve of the buttocks 4 cm beneath the coccyx.

6 Waist - measure at the level of the navel.

7 Pelvis - measure at widest point above the buttocks

8 Thigh - measure at the widest point

9 Calf - measure at the widest point.

10 Inside leg - measure length from crotch to ankle bone.

11 Head circumference - measure at the forehead

12 Neck - measure at the centre of the neck on the Adam's apple, Indicate in a separate note if the neck is visibly long or short and if the chin is particularly pronounced.

13 Biceps - with your arm at your side measure at the centre of the muscle.

14 Forearm circumference - measure at the widest point a few centimetres below the elbow.

15 Wrist - measure at the smallest point.

16 Ankle - measure a few millimetres above the ankle bone

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